



Goodfellow Monitor

To deliver combat-ready Intelligence, Firefighter and SPINSTRA warriors to the Combatant Commander.
Training is our focus, war is our mission.



Vol. 48, No. 37

Goodfellow Air Force Base, San Angelo, Texas

September 22, 2006

QUICK BRIEFS

POW speaker

A former Vietnam War Prisoner of War will speak of his experience as a survivor of seven years in captivity.

Lt. Col. (ret.) Larry Chelsey will speak at 2815 Christoval Road, the Church of Jesus Christ for Latter Day Saints, at 7 p.m. Sunday. The ceremony is open to the public.

Building Dedication

A dedication ceremony to name Bldg. 519 takes place this morning at 9:30 a.m. The building will be named Fred Sebers Hall, after former Tech. Sgt. Fred Sebers, a Goodfellow graduate, who died as a result of wounds sustained while assigned to an EC-47 airborne radio direct finding mission in Southeast Asia during the Vietnam War. For more information, contact John Garrett, 654-3882.

Veterans Day Parade Entries

The city of San Angelo and the Tom Green County All Veterans Council will sponsor a Veterans' Day parade Nov. 11.

Squadrons are encouraged to participate by building a float. Entry forms are available at the 17th Training Wing Public Affairs Office, in the Norma Brown Building, Suite 215.

Applications must be mailed, faxed or hand-delivered no later than Nov. 6.

Mail forms to 111 W. Bearegard or fax them to 653-8657.

Gas Mask inspections

Air Education and Training Command has notified Goodfellow that a 15-year shelf life for the MCU-2P and MCU-2A/P gas mask has been established. Records have to reflect this data as of today. Personnel must take their gas masks to their mobility unit. Any gas masks found to be outdated will be replaced with a mask that has a good shelf life.

For more information, contact Andy Gonzalez at 654-3831.



A place of honor

Senior Airman Brian Henry, Goodfellow Base Honor Guard member, stops to render a salute at the Missing Man Table Saturday during the 2006 Goodfellow Air Force Ball. The missing man table is a place of honor designated for the servicemembers who have been and are classified as prisoners of war and or missing in action. See story and more photos on Page 3. (Photo by Staff Sgt. Gina O'Bryan.)

101 Days wrap-up



The time frame known as the 101 Critical Days of Summer came to a close with Goodfellow AFB and its GSUs experiencing 0 fatalities this year. Unfortunately the Air Force still experienced some fatalities this season, but there was a decline from previous years' 101 critical days of summer.

In 2003, during the 101 critical days of summer the Air Force experienced 37 fatalities, in 2004, 32 fatalities, 29 in 2005 and 18 this year.

Private motor vehicle mishaps are still the number one killer of our military personnel.

Although the 101 days are officially over, it is prudent Airmen remain cautious and aware of potential safety hazards, especially with the holiday season around the corner. (Courtesy of 17th Training Wing Safety Office.)



**GFL
Championship
Game**

**Today at 6 p.m. at
the base football
field across from
the Mathis Fitness
Center.**

Flag football action!



CFC: Every dollar has meaning to those in need

Letter from Col. Stephen Czerwinski, 17th Mission Support Group commander

Dear friends and colleagues:

Your generosity and compassion are a credit to public service.

With more than 5,000 federal donors in the San Angelo area, this campaign is a cornerstone of philanthropy for more than 500 charities local, nationally and internationally.

Last year in the San Angelo area Combined Federal Campaign, local federal employees were successful in raising \$190,113 for essential programs and services.

As federal workers, we have earned a reputation for our spirit of giving to others in times of need. I urge you to continue this tradition as you look through this year's CFC brochure.

To newer employees, younger colleagues and past contributors, we ask you to consider a gift.

Giving through the CFC by payroll deduction is a voluntary commitment to use your power to help and make a difference for people and organizations that truly need your assistance.

With improved oversight, the CFC is the most accountable, efficient and effective way to give to charity. Every dollar has meaning to those in need. You have the power to make a world of difference.

This year, the local Federal Coordinating Committee is asking for your assistance in not only beating last year's contributions, but to increase the level of participation from our local employees.






Czerwinski



INDEX

Commentary	2
Services	5,6
News	3
Community	8
News Briefs	9
Sports	10

WEEKEND FORECAST

Friday	High: 93	
Sunny	Low: 71	
Saturday	High: 93	
Rainy	Low: 72	
Sunday	High: 91	
Rainy	Low: 72	

INSIDE THIS WEEK



CDC Piñata Party

See page 4 for story

SAFETY TIP OF THE WEEK

Every open-sided floor or platform four feet or more above adjacent floor or ground level shall be guarded by a standard railing on all open sides, except where there is an entrance to a ramp, stairway or fixed ladder. The railing shall be provided with a toeboard beneath the open sides.

Response Line



The Response Line is a communications tool provided for everyone with comments, questions, complaints and suggestions. I am committed to provide the best services and programs to all of our customers, and you can help to make them even better. If there is a way we can make something better, I ask that each individual contact the specific organization, try to resolve any concerns at the lowest level, and then follow the chain of command.



Bethel

If the process does not produce results, please send an e-mail to:

17trw.responsesline@goodfellow.af.mil.

Your comments or questions will be documented. Be sure to include your name and a phone number where you may be contacted for more information or a personal response. Items of general interest may be printed in the Goodfellow Monitor.

Alternative Dispute Resolution	654-4690
Ken Stenzel: Ken.Stenzel@goodfellow.af.mil	
Base Exchange	654-3361
Patricia Tinker: Tinkerp@aafes.com	
Commissary	654-3358
Kimberly Houston: Kimberly.Houston@deca.mil	
Civilian Equal Opportunity	654-4690
Ken Stenzel: Ken.Stenzel@goodfellow.af.mil	
Energy/water abuse hotline	654-5087
Fraud/waste/abuse hotline	654-3048
Inspector General	654-5389
Lt. Col. Audrey Lomax: Audrey.Lomax@goodfellow.af.mil	
Law enforcement desk	654-1570
Military Equal Opportunity	654-3897
Capt. Jason Belcher Jason.Belcher@goodfellow.af.mil	
Public Affairs/Straight Talk Center	654-3877
Cheri Dedrick: Cheri.Dedrick@goodfellow.af.mil	
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Goodfellow Monitor



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Editorial content is edited, prepared and provided by the public affairs office of the 17th Training Wing. The staff reserves the right to edit for style, clarity, consistency and space. The staff also reserves the right not to print any submission. All photographs are Air Force photographs unless otherwise indicated.

Submission deadline

Deadline to submit articles for inclusion in the Monitor is 10-calendar days before publication. The staff accepts stories via e-mail to monitor@goodfellow.af.mil.

Advertising

For information about placing commercial advertisements in the Monitor, call the Standard-Times at 659-8309. To place classified ads, call 655-SELL (7355).

When to say 'uncle'

By LT. COL. DIETER BAREIHS

18TH FIGHTER SQUADRON COMMANDER

EIELSON AIR FORCE BASE, Alaska (AFPN) -- The Air Force recently reduced the number of its active-duty Airmen in order to meet the congressionally mandated end strength of 359,700. The cuts continue as the Air Force intends to separate an additional 40,000 members.

In the course of these cuts, a popular mantra was "do more with less" as the amount of work remained constant, yet there were less people to accomplish it.

In fact, the amount of work has actually increased. Gone are the days when temporary duty orders magically appeared and Airmen had one or two additional duties. Three or four additional duties are the norm, and computer-based training rules the day.

Since its inception, "do more with less" has evolved into "do less with less." Recently, the phrase "do what you can with what you have" has become commonplace. As a new commander, this phrase not only makes the most sense, but more importantly, it provides guidance -- to the commander as well as the youngest Airman.

As the Air Force continues to reduce members, leveraging people for technology, it is not only important for Airmen at all levels to "do what they can with what they have," but also to know when to say "uncle."

For many of us, the importance of mission accomplishment is ingrained in our psyche. However, we cannot forget about our people. No one likes telling his supervisor something can't be done, yet that is exactly what needs to happen. Most Air Force people I've met in my 17-year career have been type-A per-

sonalities. If you let them, they will try to do more with less.

They will work 12-plus hours a day in order to get everything done, but will wear themselves out while doing so. In the end, the mission will suffer. In doing what we can with what we have, supervisors and commanders must determine what must be done in order for the mission to go on and what they cannot do because of limited resources. They then must provide corresponding guidance to their Airmen. In turn, Airmen must inform the supervisor or commander when they are unable to accomplish all that is being asked of them.

Integrity is a core value. Informing our supervisors what can and can't be accomplished and the consequences of completing one task over another demonstrates integrity. Hiding things from our supervisors does not. Conversely, crying uncle only to avoid doing work (or maybe difficult work) is also a breach of integrity.

How do commanders and supervisors differentiate between work that won't get done and work that can't get done? Leadership. Know your people. Decide what and when to elevate to the next level in the chain of command and when to handle the situation.

The only way to ensure senior Air Force leadership knows the level of "pain" being experienced in the field is to communicate accurately up the chain of command. If we as Airmen try to do more with less, senior leadership may assume that all is well, when that may not be the case at all.

Do what you can with what you have. Maintain your integrity and keep your leadership informed.



Photo by Senior Airman Michele Lacerda

Network Intelligence Analysis Apprentice Course

Students from the Network Intelligence Analysis Apprentice Course Class No. 060517 pose for a group photo at one of the Louis F. Garland Fire Academy training sites. The class is scheduled to graduate Wednesday. Front row, from left to right: Staff Sgt. Yvonne Schahlt (Instructor), Airmen 1st Class Audrey Richardson and Steven Drost and Staff Sgts. Megan Thometz and Amy Little (Instructor). Back row, from left to right: Airmen 1st Class Andrew Wagoner and Sean Goeble, Airman Matt Harding, Airman 1st Class Charles Bryan, Airman Brandon Brownlee, and Airman 1st Class Ryan Lim.

Each Airman is an ambassador

By SSGT. ANGELA SHEPERD

4TH FIGHTER WING PUBLIC AFFAIRS

SEYMOUR JOHNSON AIR FORCE BASE, N.C. (AFPN) -- Most Airmen, regardless of rank or Air Force specialty code, have been asked by a family member or a civilian at one point or another: "So, what type of airplane do you fly?"

That happens because many people don't know much about the military. They assume because we're in the Air Force, and the Air Force flies planes, we all must be pilots.

That same kind of mentality leads to community citizens thinking the entire Air Force is bad just because they had one bad experience with one Airman downtown or saw one Airman do something foolish.

Whether they see the Airman speeding, driving erratically, littering, blaring his or her music, acting rude and disrespectful to someone, or acting out in some other way, they automatically assume the worst about the rest of us.

When you're in the military, it's easy for a civilian to pick you out of the crowd, even if you're not in uniform. Several things give us away: the Defense Department decal on our windshields, our out-of-state license plates, our haircuts, our Air Force deco-

orative stickers on our cars, even just the way we carry ourselves. They know who we are.

So don't think you're not identifiable as an Airman just because you're not in uniform.

And protecting our image is crucial to our success. A big part of any military unit's success comes from the support it receives from the community.

Fortunately in many communities, there is a great relationship. A lot of that comes through the programs that bring base and community leaders together, allowing them to get to know and understand each other.

But not every regular citizen gets to see the base, learn its mission and meet military people like their leaders do, so that's why our behavior in the community is so important.

We need to keep in mind that while, yes, we pump a lot into their economy, we are the guests here. They are the ones who are gracious enough to have us, to put up with the loud jet noise, and to tolerate our middle-of-the-night war games.


Think about it this way. If you were staying with a friend's family, relative or someone else, would you act like an idiot or would you be polite?

Your base probably has a great relationship with the community.

Don't jeopardize what past and current generations have worked so hard for by acting foolish.

2006 Goodfellow Air Force Ball






Staff Sgt. Josue Perez-Gonzalez reads information on Senior Airman Brian Koffage during a small presentation of Air Force heroes at the ball.



Guests dance to slow music at the ball.



Airman 1st Class Jesse Staton stops to salute the POW/MIA table.

A crowd of almost 500 Airmen, Department of Defense employees and San Angelo civic leaders were in attendance Sept. 16 for the Air Force's 59th birthday party at the C.J. Davidson Conference Center at Angelo State University.

The ball's theme, "Linking Past Success to Future Innovations" was weaved throughout the evening. Photos of several Airmen who paved the way for today's force were prominently displayed around the room. They included photos of John Levitow, Jackie Cochran and Elizabeth Jacobson.

The Central High School Jazz Ensemble played during the cocktail hour and the West Texas Jazz Orchestra played during dinner. Traditions of military formal dinners were observed, including the many toasts and the emotional POW/MIA ceremony; timely due to the recent observance of POW/MIA day on Sept. 15. (Story by Staff Sgt. Carissa Lee. Photos by Staff Sgt. Gina O' Bryan. Back ground image created by 17th Communication Squadron Multi Media Service Center.)



Airman Arturo Fernandez and Chaplain Lt. Col. James Ludwikowski, cut the cake at the ball. It is customary for the youngest and oldest Airmen attending to cut the cake.

2006 POW / MIA Vigil

Starting at the sound of retreat on Sept. 15, was the opening ceremony for the 24-hour vigil held at the memorial across from the Goodfellow Club. The time to remember, honor and appreciate those that have fallen before us, who have given the ultimate sacrifice, and for those who gave their best and have not returned home in the fight for freedom for this great country was dedicated to those during a 24-hour vigil.

For 24-consecutive hours, volunteers base-wide dedicated time to read more than eighteen thousand names from the POW/MIA national registry from operations in Vietnam and beyond, while maintaining a constant post at parade rest in front of the POW flag and memorial.

When the vigil was retired, the final participants took the list of names to this year's Air Force Ball and placed it on the Missing Man Table.

The names of more than 100 people who sacrificed their free time to read the names from the registry are listed below by alphabetical order. Special thanks to all those who helped make this event a success. (Article and photos by 2nd Lt. James Keohane.)

At right: United States Marine Corps Pfc. Kyle Arsenault reads from the list of POW/MIA names while Pvt. Bryon Hancock stands at parade rest.



Abrahamsson, Michelle
Armendariz, Alisha
Armendariz, Rafael
Arroyo, Milna
Arsenault, Kyle
Austin, Maggie
Bechand, Richard
Braye, Landon
Brewer, Nicole
Brito, Julio
Butner, Asya
Cafalu, Antonia
Catillo-Zululaga, Julio
Chavez, Janeth
Chavez, Ulysses
Christenson, Alison
Cline, Lindsay
Crawford, Warren
Crossley, Patricia
Cruz, Edmundo
Dahl, Madeleine

Danner, Blake
Days, Hall
Drummond, Tina
Eichinger, Jason
Fazekas, Michael
Forrest, Melisa
Franklin, Steven
Fuschich, John
Gallegos, Guillermo
Gallegos, Ronald
Garner, Anthony
Graham, Joseph
Greene, Jose
Hackworth, Stacie
Hailey, Alan
Hamilton, Scott
Hancock, Bryon
Hanson, JR
Harper, Jacob
Hartman, Nathaniel
Heetland, Erik

Inman, Danielle
Irwin, John
Jasper, Lance
Jennings, Heidi
Johnson, Roger
Jones, Michael
Julian, Aron
Kammer, Justin
Kareem, Jamal
Keohane, James
Key, Richard
Klesel, Diana
Kloenle, Shaun
Kolesnikov, Nicholas
Lashley, Kathy
Le Beau, David
Lutz, Richard
Lyons, Timothy
Manson, Chad
Matthews, Kalem
McGill, Stephen

McInemy, Heather
McIntyre, Marshall
Mcknight, Reginald
Meza, Brandon
Minard, David
Montoya, Cord
Nam, Glenn
O'Dell, Anisa
Patterson, John
Quinata, Kaipo
Rainwater, Matthew
Rapisora, Kelmer
Richard, Jude
Rodriguez, Johan
Roray, Jennifer
Sakos, Kelsey
Schmeidler, Andrew
Schonberg, David
Shannon, Harley
Shaver, Alana
Simpkins, William

Sinclair, Syema
Soltero, Thelma
Stamper, Richard
Starkey, Max
Starnes, Christopher
Terman, Natalie
Terwilliger, Jason
Toomey, Brandon
Toxman, Natalie
Urias, Melinda
Vargas-Castaneda, Emma
Walsh, Justin
Webster, Mark
Weinrich, David
Wells, Jennifer
Westbrook, Deborah
Whitehill, Sarah
Wilson, Cailin
Wilson, Sterling
Wisdom, Jeremiah
Wolff, Joshua



Project Warmheart:

 *Helping those who serve*

BY 2ND LT. JENNIFER LEE

PUBLIC AFFAIRS

Maybe you've heard of it: Operation or Project Warmheart, a program to help fellow military members keep food on the table in times of need.

A worldwide effort, it is run by the First Sergeant's Council at most bases, according to Master Sgt. Russell Howard, 316th Training Squadron First Sergeant and council vice president. The program's aim is to "provide the means for financial support to those persons who have difficulty providing for the needs of their families."

It is for active duty, retired, dependents, or civilian employees assigned to Goodfellow AFB regardless of service," described Master Sgt. Todd Foulk, 312th Training Squadron First Sergeant and council president.

The Goodfellow-based program has done much for our community. In the past year, the program was active during both the Thanksgiving and Christmas seasons, which are the busiest times. According to Master Sgt. James Nemec, 17th Mission Support Squadron First Sergeant and council treasurer, more than 200 food baskets were given out and more than \$450 was spent during Thanksgiving 2005.

During Christmas of last year, 190 food baskets were delivered and \$1,400 in gift certificates, 110

toys, and \$1,500 were spent on turkey and ham coupons. More than 600 members were helped and it is expected that another 500 will be assisted this year.

The council already has plans for this year's holiday seasons. In order to prepare financially, there are four fundraising events planned for Thanksgiving and Christmas.

Two food and monetary collection dates for Thanksgiving are scheduled at the base Commissary for Nov. 11 and 19. The collection dates for Christmas are scheduled for Dec. 9 and 16. For both events, there will be a shopping list of what food items the committee would like donated.

The program relies heavily on people's goodwill. Its primary sources of funds are fundraisers and donations.

For example, the recent Friendship Golf Tournament donated \$5,000 for Project Warmheart. It may seem like the program are only effective during the holiday seasons but according to Sergeant Nemecek, "it's year-round."

Part of the program's funds are allocated for emergencies. Depending on the situation, a recipient may receive a loan and/or grant for food. "I can write out a check for \$100 right then and there so a family can

“...ensure that our troops, especially the young ones, have a great holiday...without thoughts of going broke.”

Master Sgt. Todd Foulk, 312th Training Squadron First Sergeant

go and buy some groceries," Sergeant Nemec stated.

"The dollars that are raised for Warmheart go into the account and are distributed on a case-by-case basis," Sergeant Foulk explained.

Any amount of \$100 or below are reviewed by two first sergeants to determine if the situation constitutes an emergency.

"For amounts of more than \$100, it goes to the vice wing commander for approval," said Master Sgt. Foulk.

Most of the program's funds are spent during the holiday seasons when the Goodfellow team wants to "ensure that our troops, especially the young ones, have a great holiday...without thoughts of going broke," explained Sergeant Foulk. Anyone can volunteer. Just contact a unit first sergeant for more information and details on upcoming events. Or, contact a first sergeant to determine if you are eligible to receive assistance.

Piñata Party at the CDC

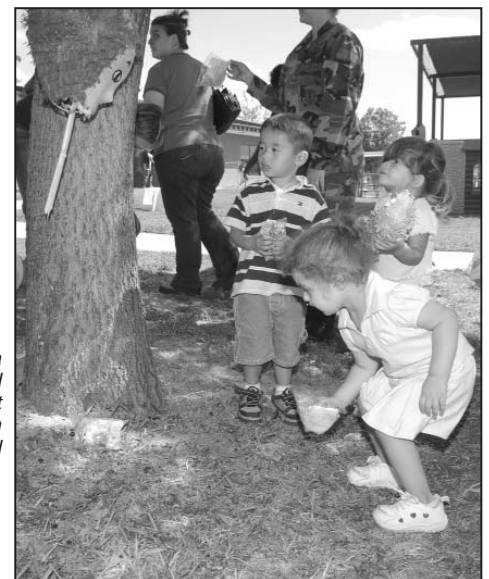


Aiden Yi takes a swing at a piñata during the Child Development Center's piñata party Sept. 15. The event was done in conjunction with the Goodfellow Hispanic Heritage Committee, in observation of Hispanic Heritage Month.



Mateo Key smiles as, his dad, Tech Sgt. Richard Key prepares to take a swing at a piñata.

From front to back: Lydia Hartzell, Aiden Yi and Courtney Ortiz collect candy that has fallen from inside the smashed piñata.




At a Glance with Services



Friday 22	Saturday 23	Sunday 24	Monday 25	Tuesday 26	Wednesday 27	Thursday 28
TEXAS HOLD'EM POKER 7 p.m. in the Refuge Call 654-3247. DISC GOLF TOURNAMENT ENDS SEPT 23 Turn in score cards to check out counter. Community Center 654-3247	Students Softball Tournament 2 p.m. at Ball Field #1 Double elimination. Free to enter. Call TSgt Reggie McKnight 654-3550 TEXAS HOLD'EM POKER Battle of Champions Top 8 7 p.m. in the Refuge Call 654-3247.	NFL SUNDAYS Free Popcorn Community Center Call 654-3247. Check us out on the web! www.goodfellowservices.com Give Us Your 2¢	PHOTOGRAPHY AND DIGITAL IMAGING CLASS Every Monday 6-7 p.m. Community Center Call 653-3227 PRO SHOP OPEN AT THEDE BOWLING CENTER M-W-F, 10 a.m. to 1 p.m. Call 653-3227	WIN CASH! TEXAS JACK BINGO  Card Sales begin at 5 p.m. Early Bird Bingo at 6 p.m. Regular Bingo at 7 p.m. Community Center. Call 654-3247.	CHILDREN'S STORY HOUR 10 to 11 a.m. Library Call 654-3232	EVERY THURSDAY SQUADRON/UNIT 9-BALL TOURNAMENT 6 p.m. Community Center Call 654-3247 TODAY IS THE LAST DAY FOR COMMUNITY CENTER! DOORS CLOSE AT 9 P.M. FOR LAST TIME! COME TO THE EVENT CENTER FRIDAY, SEPT 29 AT 11 A.M.


THE 32ND ANNUAL ARMED FORCES INTERNATIONAL CHILI COOK OFF!



SEPTEMBER 29 & 30
GOODFELLOW AFB REC CAMP

FMI:
944-1012
654-5562

See team specials & chili recipe on page 6



HAVE A TEAM AND NEED EQUIPMENT?

The first five military teams Entered in the Chili Cook-off will be permitted to use a two burner stove, 20 quart pot and lid and a ladle...

FREE!


Does not include propane tank.

Equipment Rental
Bldg 723 654-3254



Goodfellow AFB, TX

BASIC CHILI RECIPE



3 lbs course ground meat
3 lbs chopped onions
6 cloves garlic (minced)
6 oz tomato paste
1 qt crushed tomatoes
3 qts water
½ c flour
Salt & pepper to taste
3 tbsp chili powder
1 tbsp cumin
1 tsp powdered oregano

Brown ground meat until the pink color is gone. Add chopped onion and garlic while cooking. Drain grease. Sprinkle flour and cook about 3 min. Turn heat to high and add liquids then add seasonings. Bring to boil. Turn heat down to simmer for approx. 1 hour. Check for flavor and seasonings until satisfactory to cook. Recipe makes about 15 one-cup servings.

CHECK US OUT ON THE WEB www.goodfellowservices.com

Hispanic Heritage Month

BY DAVID JIMENEZ

17TH SERVICES DIVISION

Saludos! One of the questions I'm asked most is "When is Mexican Independence celebrated, May or September?" As I mentioned in last week's article, Mexico achieved its independence from Spain Sept. 16, 1821.

Then why is Cinco de Mayo celebrated? It is celebrated because 4,000 Mexican soldiers smashed the French and 8,000 Mexican army traitors of Puebla, Mexico, 100 miles east of Mexico City on the morning of May 5, 1862.

The fight for Mexico's independence started Sept. 16, 1810 and it went on for 11 years.

The head figure of the Mexican Independence movement was Miguel Hidalgo y Costilla, the parish priest of the small town of Dolores. Soon after becoming a priest, Hidalgo began to promote the idea of an uprising by the native and mixed-blood peasantry against the wealthy Spanish land owners and aristocrats. This became known as the "Diez Y Seis de Septiembre O' Dia de Independencia."

The celebration starts the evening of Sept. 15 and goes through Sept. 16. During all diez y seis (Sept. 16) festivals, "El Grito" is recreated by all executive office holders from the President of the Republic down to municipal presidents repeating the words of Hidalgo.

Another interesting fact about Mexico is the many different ethnicity and races. There are Mestizo (Amerindian-Spanish) that comprise 60 percent of the population, Amerindian or predominantly Amerindian make up 30 percent, white are 9 percent, and the remaining other make up the last 1 percent. Don't forget that Mexico was the home for three great civilizations-the Mayas, the Olmecs, and later the Toltecs preceded the wealthy Aztec empire. The same is for the language-- besides Spanish--there are various Mayan, Nahuatl, and other regional indigenous languages.

To learn more about the Hispanic culture, people can use the library or better still, make friends with a member of the Goodfellow Hispanic community. Goodfellow has a diverse Hispanic military community, including people from Colombia, Peru, Brazil, Dominican Republic, Mexico and Puerto Rico.

GAS MASK NOTICE



Air education and Training Command has notified Goodfellow that a 15-year shelf-life for the MCU-2P and MCU-2A/P gas mask has been established. MICAS records have to reflect this data by Sept. 22, 2006. Request UDMs notify their personnel and have their personnel take their gas masks by the mobility unit ASAP.

This data can be taken from the masks within a minute.

Any gas masks found to be outdated will be replaced with a mask that has a good shelf life.

For more information, contac Andy Gonzalez at 654-3831.



ATOMIC



BIOLOGICAL



CHEMICAL

V
E
R
Y

B
I
G

"Case Lot"

Extravaganza Sale

Paper goods, canned goods,
beverages, and more!

Goodfellow AFB Commissary

September 22-23

Friday
7 a.m. to 7 p.m.

Saturday
9 a.m. to 6 p.m.

Check us out on the Web
through the "locations" page
at www.commissaries.com

S
A
V
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S

At a Glance with Services

17th
GOODFELLOW AFB
SERVICES
Combat Support & Community Service

COMMUNITY CENTER

Beginning Friday, September 29

GOODFELLOW CLUB

The Community Center & Goodfellow Club
BECOME ONE IN BUILDING 723!

GOODFELLOW EVENT CENTER

Hours:
Mon-Thur
11 a.m.-9 p.m.
Friday
11 a.m.-Midnight
Saturday
Noon -Midnight
Sunday
11a.m.-8 p.m.

Join Us At The Hub
Of Activity On Base

On Thursday, September 28
at 9 p.m. The doors will
close for the last time
at the Community
Center.

On Friday, September 29
at 11 a.m. The doors will
open at the New Event
Center in Bldg 723.
Everyone is invited
to come play!

Changes are coming fast & furious!
Watch for exciting programs,
great food and enhanced
lounge programs!

DEPARTMENT OF THE AIR FORCE
AIR EDUCATION AND TRAINING COMMAND

18 SEP 2006

Dear Valued Club Member,

1. The merger of the Club and Community Center is in full swing with growing anticipation of the October 1st opening just around the corner! The Event Center will offer a variety of fun opportunities with a new cyber café, Wi-Fi internet access throughout the building, NFL Sunday Ticket (televising all your favorite NFL teams), game room, bars, sandwich shop, specialty coffees, club-member only programs, and special events. This initiative provides significant cash savings to Goodfellow AFB benefiting all of Services' sponsored quality-of-life programs.
2. The merger reduces club dues for many members. Beginning this October, club member dues will be \$4 for officers and \$3 for enlisted. Students ranked E1-E4 receive free club membership with the popular UBU program. Members will continue to receive great club benefits. Check cashing privileges and discounts at numerous Services activities, special functions, social hour snacks, and exclusive member-only events. Goodfellow Club membership carries reciprocal privileges at Air Force Clubs worldwide.
3. The Event Center can accommodate many of the community's meeting and dining needs. Next to the cyber café, guests will find a small sandwich shop featuring specialty coffees and deli sandwiches. The Club will continue to cater small events with a limited menu for up to 200 people, depending on the configuration, and needs of the guest.
4. Now that the Community Center manages the event space, guests can have their favorite restaurant cater the event or go potluck. There will be no room rental fee. Patrons will have to set up and take down their functions or have the contracted caterer perform the service. The Event Center has chairs and tables readily available and guests can set up their arrangements anyway that suits them. Most of the special functions already booked in the Club will be accommodated either by the Event Center or the staff will assist patrons with other options.
5. While these changes are fast and furious, Goodfellow Services is here to do as much as they can to ensure your special events and programs are offered in a quality environment for all to enjoy! Should anyone have questions regarding this merger, please contact Services Marketing and Advertising Department at 654-3336.

SCOTT A. BETHEL, Colonel, USAF
Commander, 17th Training Wing

CHECK US OUT ON THE WEB www.goodfellowservices.com

Help Wanted!

Goodfellow is looking for energetic, well-trained people willing to instruct youth in the areas of martial arts, aerobics, cheerleading, and music.

This would be a great way to earn a second income.

If interested please call Shandy Scott or Omar Matos at 654-4708.

DID YOU KNOW?



**This Week in
Air Force History**

Sept. 22

1995: After 53 years of operation, Griffiss AFB, N.Y., closes.

Sept. 24

1919: An altitude record of 30,900 feet is set for an airplane carrying a passenger.

1987: The first-ever Thunderbirds show in Beijing, China, attracts an audience in excess of 20,000.

Sept. 25

1947: Gen. Carl Spaatz is appointed the first U.S. Air Force Chief of Staff.

Sept. 27

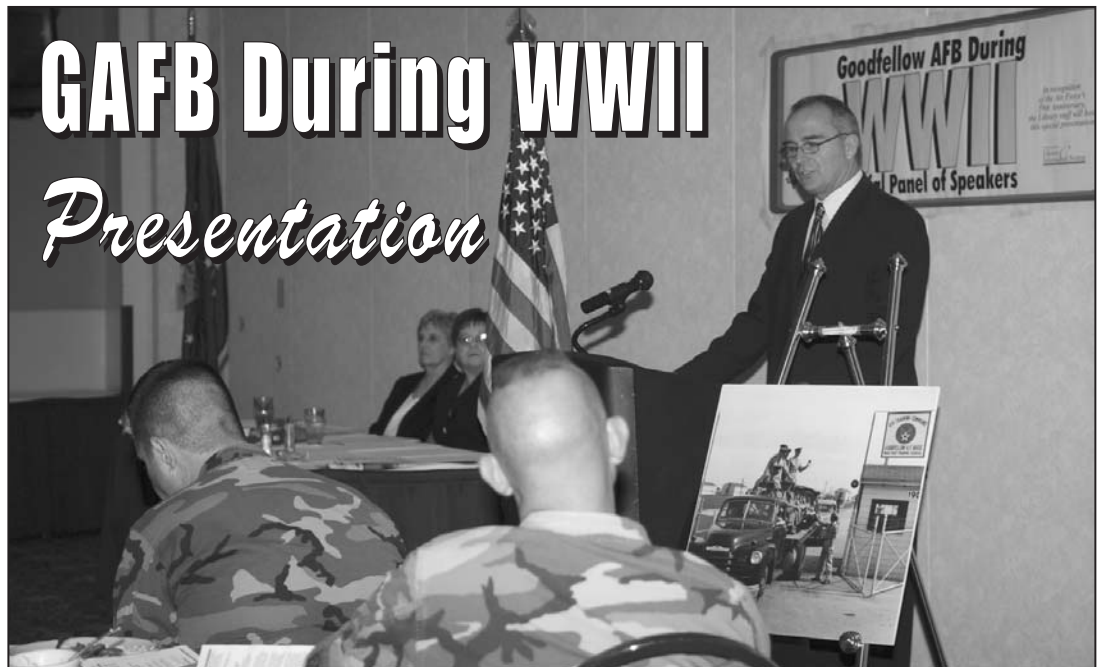
1993: Gen. James H. Doolittle, who led the first air raid on Tokyo and commanded the Eighth Air Force during World War II, dies at the age of 96.

Sept. 28

1912: Cpl. Frank S. Scott became the first enlisted fatality in Signal Corps Aviation.

1924: Two Douglas World Cruisers complete the first successful 'round-the-world' flight.

GAFB During WWII Presentation



Dr. John Garrett, 17th Training Wing historian speaks to audience members attending the Goodfellow During WWII (World War II) presentation Sept. 15 at the Goodfellow Club. (Photo by Staff Sgt. Gina O'Bryan.)

BY AIRMAN 1ST CLASS LUIS LOZA GUTIERREZ

STAFF WRITER

The Goodfellow Library staff hosted a special presentation Sept. 15 at the Goodfellow Club.

The presentation's theme was "Goodfellow Air Force Base during World War II." Commanders from various units and organizations on base were in attendance along with more than a dozen civilian guests and retirees at the 90-minute program.

The presentation featured three guest speakers; local renowned author Wanda Langley, Dr. Shirley Eoff, Angelo State University professor of history, and Dr. John Garrett, 17th Training Wing historian.

Dr. Garrett began the presentation with a brief comparison between the Second World War and today's Global War on Terror.

He explained how both wars involve many nations and how both dealt with a fascist type of enemy-the Nazi fascist in World War II and the fascist form of Islam led by Al-Qaeda in today's war.

Dr. Garrett continued his presentation with more details and historical references that led to the establishing of Goodfellow Field in August 1940 after a very generous offer by the city of San Angelo, which included sewage and electrical service, a railroad spur, and a 50 year lease on 640 acres at \$1 per year.

Dr. Garrett spoke of the work and training that took place at Goodfellow during its days as a pilot training installation and how it became part of the personal history and legacy of three of the most revered Airmen in our service's history--1st Lt. Jack Mathis, Lt. Col. Leon Vance and Maj. Horace Carswell Jr., all three of whom became Medal of Honor recipients and whose names grace the wall of three buildings on base.

Dr. Garrett's portion of the presentation also revealed other interesting facts about Goodfellow's history.

For example, the former wing headquarters building was built for \$5,000 in June 1940, (worth approximately \$71,000 today,) and it was demol-

ished for approximately \$116,000 in 2005.

The interesting facts continued as Dr. Eoff spoke to guests about the strong relationship between the military and San Angelo. In fact, the relationship was so strong that Goodfellow was one of two military installations in the San Angelo area.

The other installation was the San Angelo Army Air Force Bombardier School. It existed for three and a half years during the World War II era and is now home to the San Angelo Regional Airport/Mathis Field.

Dr. Eoff also shared brief anecdotes of claims of cattle being killed during target practice exercise by pilots training in the area and one tale of four officers helping a local farmer harvest 2,000

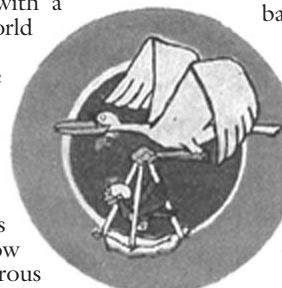
bales of hay, thus demonstrating the charitable spirit and desire of servicemembers to give back to the local community, a spirit that can still be seen and felt today in various ways as servicemembers volunteer to lend a hand and make a positive difference.

The latter part of the presentation was brought to a close with a brief question and answer session, but not before Ms. Langley shared more history about how Goodfellow became a place of importance to the 791st Women's Air Corps in 1943

and the Women's Air Force Service Pilots, two of the most notable groups in women's aviation history.

Ms. Langley went into further detail by providing anecdotes on how the idea of female military pilots was suggested by Jackie Cochran in a letter to Eleanor Roosevelt and even one reference to a quote in which one male servicemember recalled the day a rambunctious group of female pilots gathered at a table in the dining facility of Goodfellow and whistled at every good-looking military man they could find.

The mind of every guest was certainly afforded the opportunity to enrich their knowledge with what in reality was just a small peek of the rich history of Goodfellow.



Goodfellow heraldic shield circa 1940's.

Job Opening

AIR NATIONAL GUARD
FULL-TIME OPPORTUNITY

3A0X1-ADMINISTRATIVE SUPPORT POSITION: F/T Government Service, GS-6, long-term employment opportunity.

Qualified candidates must become members of the Massachusetts Air National Guard.

Qualified candidates should be experienced in administrative/computer software applications work. All other AFSC(s) are eligible to apply must be willing to retrain.

- ◆ Starting Salary \$34,067
- ◆ Medical/Life Insurance
- ◆ 13 Paid holidays/vacation

Contact MSG Deborah Shilaikis, 104th FW Recruiting, at 1-800-247-9151

Fire Prevention Week Events

THEME - "Prevent Cooking Fires: Watch What You Heat!"
October 7 - 14

Oct. 7: Emergency Service Vehicle Parade at Lanham and Nasworthy Housing

Oct. 9: Columbus Day Observed

Oct. 10: Fire Extinguisher Training at the Base Theater (Classes run every 30 minutes and satisfy annual AF Form 55 requirements) and Jaws of Life Demonstration in the Commissary Parking Lot

Oct. 11: Fire Truck Display at Child Development Center, Bldg. 906, and the Youth Center, Bldg. 915, with Sparky (Giveaways for kids); Crowd Manager Training at the Base Theater and a Grease Fire Demonstration and Handouts at the Base Exchange.

Oct. 12: Retired Firefighter Tour of Base and Retired Fire Fighter Luncheon at the Fire Department

Oct. 13: Open House and Firefighter Obstacle Course at the Fire Station

Oct. 14: Fire Safety House in the BX Parking Lot
For more information, call 654-3532.

Community

Sept. 22 to Sept. 28 dining facility menu

Menu is subject to change

Lunch Beef & Corn Pie Roast Turkey Fried Shrimp	Friday	Dinner Yankee Pot Roast Simmered Corn Beef Pineapple Chicken
Brunch Swedish Meatballs Savory Baked Chicken Creole Shrimp	Saturday	Dinner Hungarian Goulash Barbecue Chicken Baked Fish
Brunch Mustard Baked Chicken Cantonese Spareribs Oven Fried Fish	Sunday	Dinner Grilled Steak Stir Fry Beef With Broccoli Turkey Nuggets
Lunch Pot Roast Roast Loin of Pork Baked Stuffed Fish	Monday	Dinner Chili Macaroni Beef Manicotti Southern Fried Chicken
Lunch Veal Parmesan Teriyaki Chicken Salmon Cakes	Tuesday	Dinner Meat Loaf Santa Fe Glazed Chicken Turkey Ala King
Lunch Tacos Chicken Enchiladas Mexican Baked Chicken Beef Ball Stroganoff Turkey & Noodles	Wednesday	Dinner Lemon-Herb Chicken Stuffed Pork Chops Barbecue Spareribs
Lunch Grilled Salisbury Steak Herbed Baked Chicken Southern Fried Catfish	Thursday	Dinner "Jaegerschnitzel" Veal with Mushroom Sauce Glazed Cornish Hen Roast Loin of Pork

Hours of operation

Western Winds

Monday to Friday

Midnight Meal ... 12:15-1:45 a.m.
Breakfast ... 5-8:15 a.m.
Lunch ... 10:30 a.m. to 1 p.m.
Dinner ... 4:30-7 p.m.

Cressman

Monday to Friday

Breakfast ... 4:30-7 a.m.
Lunch ... 10:30 a.m. to 12:30 p.m.
Dinner ... 6-8 p.m.

Saturday, Sunday and Holidays

Brunch ... 8 a.m. to 1 p.m.
Dinner ... 4-7 p.m.

All eyes on you The Goodfellow weekly spotlight



Photo by Airman 1st Class Luis Loza Gutierrez

Capt. Cody Whittington tells two freshmen cadets the story of how he acquired four, unarmed shells he brought home from a previous assignment.

NAME: Cody Whittington

RANK: Captain

UNIT: Air Force Reserve Officer Training Corps Detachment 847

DUTY TITLE: Assistant Professor of Aerospace Studies

TIME ON STATION: Two months

TIME IN SERVICE: Eight years

PREVIOUS BASES: Dyess Air Force Base, Texas, Kunsan Air Base, South Korea and Ellis AFB, Nev.

HOMETOWN: Zephyr, Texas

HOBBIES: Professional reading and model aircrafts.

ASPIRATIONS: To be the best officer I can be and a true leader to my troops.

FAVORITE QUOTE: "From what we get, we can make a living, what we give, however, makes a life."

ARTHUR ASHE (TENNIS LEGEND)

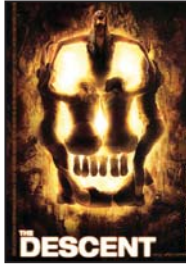
MOVIES

Movies start at 7 p.m. in the base theater unless otherwise noted. Admission is \$2 for adults and \$1 for children under 11. Movie times and shows are subject to change without notice.

Descent

Today and Thursday

Shauna MacDonald and Natalie Mendoza star in this R-rated film. Six girlfriends meet in a remote part of the Appalachians for their annual caving trip. The girls soon learn that Juno, the thrill-seeking leader of the expedition, has brought them to an unexplored cave and that as a result no one knows where they are to come rescue them. The group splinters and each push on, praying for another exit but there is something else lurking under the earth.



Snakes on a Plane

Saturday

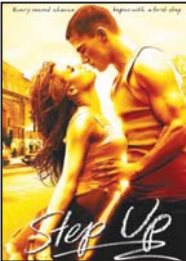
Samuel Jackson and Nathan Phillips star in this R-rated film. A ruthless assassin unleashes a crate full of lethal snakes aboard a packed passenger jet over the Pacific Ocean in order to eliminate a witness in protective custody. The rookie pilot and frightened passengers must band together to survive.



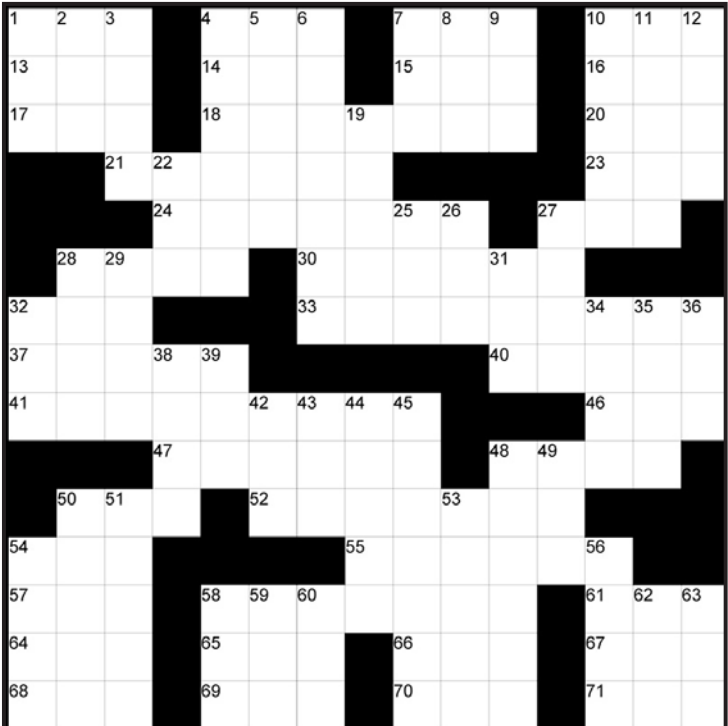
Step Up

Sunday at 6 p.m.

Channing Tatum and Jenna Dewan star in this film rated PG-13. Tyler is a rebel from the wrong side of Baltimore's tracks. Nora is a privileged ballet dancer attending Baltimore's ultra-elite Maryland School of the Arts. When trouble with the law lands Tyler with a community service gig at Maryland School of the Arts, he arrives as an angry outsider, until his skills as a gifted street dancer draw Nora's attention. Now, as sparks fly between them, both on and off stage, Tyler realizes he has just one performance to prove that he can step up to a life far larger than he ever imagined.



Never Forget



Answers in next week's issue

By Capt. Tony Wickman, 71st Flying Training Wing Public Affairs

ACROSS

- Vase
- School agriculture org.
- Vitality
- Automobile
- Afternoon beverage
- EarthLink competitor
- Lennon's love
- Foreign mil. address
- Actor Harris and others
- East-central African country
- USN equivalent to AFB
- New York city
- Mining goal
- Incapacitate
- Damp
- Mil. org. who's motto is "Until they are home"
- Car operator
- Lament
- Beginning of phrase on flag for observance
- Thoughts
- Bites
- See 33 ACROSS, end of phrase
- Esprit
- Suitable to dine on
- Actor Pitt
- Bachelor's spot
- North-central European country
- Subject of observance, incarcerated mil. member in war
- Wild Asian ass

- Org. concerned with smog
- Panavia's GR-4 aircraft
- Ancient
- USAF enlisted eval.
- Auto club
- Vietnam lunar New Year
- Subject of observance, unaccounted mil. member
- Product to make soap
- Jimmy open
- Place for doctors
- Terminate
- DOWN
- Southwestern American Indian
- Color of 12 DOWN
- NBA MVP Steve
- Cloth
- Penalties
- By now
- Male child
- Conjunction
- Hawaiian food made from taro
- Lake transport
- Detached
- Item used to the remember loved ones to keep the faith
- Soccer sporting goods manufacturer
- Oklahoma city
- Charlie's Angels Lucy
- Desperate Housewives' Longoria
- Small brownish song-

- bird
- Sport similar to wrestling developed in Japan
- Equal
- Unit of energy
- Force shaping tool, in short
- Wine valley
- In debt
- Kitchen measurement
- Ripened
- Turf
- Dead heat
- Cable channel
- Singer John
- Newborn
- People strongly partial to one's own group with intolerance
- 1979 Fields' movie Norma
- In Flanders Fields subject
- Plugged in
- American lawyer, pioneer in consumer protectionism
- Fruit rind
- Home to Caesar
- Draft
- Paddle
- Singer/songwriter Charles
- Vietnam Memorial sculptor and architect
- Father

Newcomer's Orientation Notice

The Newcomer's Orientation scheduled for Tuesday has been cancelled.
The next newcomer's will be on Oct.3.

Voluntary Assignment Applications

Due to the delay in the Program Budget Decision 720 authorization reductions, the Air Force has further delayed the temporary suspension of the Voluntary Assignment Applications consideration (i.e. Base of Preference, Voluntary Stabilized Base Assignment Program and Follow-on/Home-basing, Join Spouse, CONUS Isolated, Permissive assignment) requests until Sept. 30.

Personnel may continue to apply and MPFs will update MilPDS to reflect application pending status; however, consideration of the application will not occur until after Sept. 30 as manning projections could change significantly based on authorization reductions.

Short notice Follow-on/Home-basing requests and First Term Airmen BOP requests will be worked on a case-by-case basis and will be worked through the Military Personnel Flight.

Employment opportunities

Air Force Junior Reserve Officer Training Corps has immediate employment opportunities for retired or retiring Air Force officers and NCOs.

If you retired within the past 10 years or less, or are 6 months from retirement, you may qualify to be an AFJROTC instructor.

AFJROTC currently has 13 officer and NCO vacancies in Mississippi, Louisiana, Texas, New Mexico and Oklahoma and a total of 85 vacancies worldwide.

To submit an AFJROTC instructor application and learn more about the program, go to <http://www.afots.af.mil> (select "AFJROTC") or contact Ms. Jo Alice Talley, Chief of Instructor Management, toll free at 1-866-235-7682, extension 7742, DSN: 493-7742, or commercial (334) 953-7742.

Airman and Family Readiness Flight

The Airman and Family Readiness Flight offers the following services:

◆ **Sponsorship Training:** Tuesday, 3-4:15 p.m. Just being a sponsor is not enough; a sponsor must be motivated, concerned for the needs of the newcomer, and creative.

During training the sponsor will receive information on available resources, relay some proven tools of good sponsorship and ignite the spark for creative sponsorship.

◆ **Workforce Solutions of the Concho Valley:** Every Thursday from 9 a.m. to noon a representative from the Texas Workforce Commission is available at

the Airman and Family Readiness Flight Annex, Bldg. 246.

They will be able to help with issues concerning unemployment compensation, job search, job training and help people create a draft resume in 30 minutes.

◆ **Investing 101:** Wednesday, 11 a.m. to 12:30 p.m. Learn the basic principles of investing; types of investment vehicles and how they work; and the power of compounding.

This class is Part 2 of a Lunch and Learn Financial Series. Recommend taking Part 1 (Secrets to Financial Success), but it is not a requirement.

◆ **Understanding mutual funds:** September 27, 11 a.m. to 12:30 p.m. Students learn to use mutual funds to meet short/medium range goals. They also learn to use mutual funds for a retirement account (IRAs, TSP, 401ks).

Information is provided on evaluating and purchasing mutual funds. You may register on-line at www.familysupportgoodfellow.org, or call 654-3893.

This class is Part 3 of a four-part Lunch and Learn Financial Series. Part 1 (Secrets to Financial Success) and Part 2 (Investing 101) are recommended, but not required.

Unless otherwise stated, classes are at the Airman and Family Readiness Flight, Bldg. 300.

For more information or to sign up for a class, call 654-3893 or visit www.familysupportgoodfellow.org, click on "schedule a meeting," click on "events," then select the class.

Enlisted Spouses Group

The Goodfellow Enlisted Spouse's Group's next meeting is Thursday at 6:30 p.m. in the chapel Fellowship Hall.

All enlisted spouses are welcome!

The Goodfellow Enlisted Spouse's Group is open to spouses of enlisted service members of all branches.

There is no fee to be a member.

For more information, contact Angie Wilson at 212-1376 or GoodfellowESG@hotmail.com.

South Gate Traffic Restrictions

Due to scheduled maintenance on the vehicle barriers, inbound and outbound traffic at the Jacobson Gate have been reduced to a single lane from 8 a.m. - 4 p.m.

Traffic will be directed around the work zones.

GOV License Renewal

All base personnel operating government owned vehicles are responsible to ensure that they have a valid Air Force Form 2296 government driver license in accordance with AFI 24-301 (check expiration date). All base personnel with expired AF Form 2296 government driver licenses need to call 654-5746 to update their expired license.

Chapel Schedule



CHAPEL WORSHIP SCHEDULE: The Goodfellow Chapel holds Catholic and Protestant services, religious education every Sunday and other programs.

Catholic services:

- ◆ Catholic services:
- ◆ Sunday Mass at 9 a.m.
- ◆ Noon Tuesday through Friday
- ◆ CCD at 10:45 a.m. to noon in Bldg. 135 (Sept-May)
- ◆ R.C.I.A. at 10:30 a.m. in Bldg 139 (Sept-May)

Protestant services (Sundays):

- ◆ 11 a.m., Traditional Protestant Worship Service
- ◆ 2 p.m., Gospel Service
- ◆ 6 p.m., New Life Contemporary Service
- ◆ Sunday school for all ages at 9:30-10:15 a.m. in Bldg 135 (Sept-May)
- ◆ Children's Church - Sundays with 10:30 a.m. worship service at Chapel

Choir Practices (In Chapel)

- ◆ 6 p.m. Traditional Worship Team, Thursdays
- ◆ 5:45 p.m., Gospel Service, Thursdays
- ◆ 6 p.m., Catholic Choir, Wednesdays
- ◆ 6 p.m., New Life Contemporary Service, Fridays

Bible Studies:

- ◆ Catholic Bible Study, 7 p.m. Mondays at Crossroads
- ◆ Chit Chat Lunch, 11:30 a.m. Tuesdays at Crossroads
- ◆ Promise Keepers, 11 a.m. Wednesdays, in Bldg 136, 7 p.m. Wednesdays at Crossroads
- ◆ Family Bible Study, 7 p.m. Thursdays at Bldg. 135

For more information on chapel programs, call 654-3424.

For more information on Jewish programs, call 654-3424.

Extreme Makeover:

Goodfellow style

BY 2ND LT. JENNIFER LEE

PUBLIC AFFAIRS

Her peers affectionately call her the Moulage Queen.

Master Sgt. Robin Boone, 17th Medical Group NCOIC of the Student Clinic, is a surgical operations specialist with a really interesting duty - she makes people bloody, bruised and scraped. Appearance-wise, that is.

She and Tech Sgt. Travis Hunter, also of the 17th Medical Group, comprise Goodfellow's moulage team, a component of the Exercise Evaluation Team.

According to the dictionary, the art of moulage is defined as creating molds and impressions in criminal investigations or for identification purposes.

Historically, the lines have blurred between the terms moulage and injury simulation, which are interchangeably used in today's military and civilian medical fields.

In this case, Goodfellow's duo uses cosmetic materials to simulate injuries that look authentic in order to better train emergency medical response teams. It is of great importance that injuries look realistic as possible. "It improves performance by reproducing disaster-induced psychological responses," explained Sergeant Boone. She believes an experience close to the real deal is retained in memory.

Sergeant Hunter's thoughts are similar. "The goal is to make the exercise as realistic as possible. The team gives treatments instead of reading off injuries on note cards during exercises."

Depending on the material used, moulage can be applied in several ways but one condition is it must be able to survive extreme weather conditions. With materials from the cosmetic section of any local store, anyone can apply moulage.

All one needs is a sponge, cold cream, and to make

sure that the skin is dry before application. Knowledge of or real-life experience with burns, contusions, abrasions and other injuries can aid in the presentation as well.

Artist modeling clay, or plastalene, and morticians wax are used to fashion soft tissue injuries. For blood, Sergeant. Boone mixes blue liquid starch, a pack of commercial blood powder, and water, which creates a good consistency and color.

So far, Goodfellow's team has gone out to at least six exercises in the past year, including one during the big Operation Readiness Inspection last February.

Sergeant Boone's fondest memory is of a terrorist bomb threat simulation at the basketball arena, Delta Center, Utah. Her daughter, 12 at the time, participated in the exercise, which had a total of 500 moulaged casualties.

"Not more than two weeks later, a tornado hit the Delta Center and took out a third of the building. Emergency Response was called and they knew exactly what to do. What made me feel good was to know that I played a little part in them being prepared and ready to respond when actually needed," Sergeant Boone recalled of the experience.

Currently, the Goodfellow team is a two-man shop



Photo by Staff Sgt. Gina O'Bryan

Staff Sgts. Craig Bell and Michelle Abrahamsson of the 17th Medical Operation Squadron apply moulage to a student during a recent base exercise.

but an increase in the number of patients to moulage in the future are expected.

To meet potential demand, the team plans to conduct a class late next month for those who are interested in volunteering for upcoming exercises.

Sergeant Hunter expressed hopes for about 10 base volunteers to be knowledgeable of the skill and in addition, a team specifically for EET exercises

Anyone who is interested may become involved. The Moulage Queen's only requirement is that participants have a little imagination.

Exercise!



Exercise!

Notice to our Patrons:



Due to AETC funding cutbacks, we will no longer be able to provide a towel service after Oct. 1.

Cutbacks will also affect the following areas:
Group Exercise Classes will require a fee as instructors will be contracted.
Intramural Sports Officials will no longer be funded.
Alternatives will be considered.

Base Soccer League Notification

Goodfellow's Intramural Soccer Tournament will begin Oct. 2.

A meeting of all coaches will be conducted at the Goodfellow Club Friday at 1 p.m. It is mandatory that a coach or representative be present at this meeting. We will go over the by-laws and schedules at this time.

The base soccer team is still looking for more players.

For more information, contact the base intramural sports office at 654-1246 or 654-3550.



1st Annual GFL Pro Bowl

The 17th Services Division Mathis Fitness Center hosted the First Annual GFL (Goodfellow Flag Football League) Pro Bowl Sept. 15 at the base football field.

The best players from the league's National and American Flag Football Conferences were prepared to compete against one another, but were forced to integrate players after the both conferences realized not everyone had shown up. This caused several players to play teammates from their original teams.

"It was weird having to play against my own teammates, but the team I wound up on won the game," said Brian Samuel, NFC Pro Bowl defensive lineman.

It was a big spanking, said one fan in the stands--as the NFC defeated the AFC with an impressive final score of 54 to 12. (Story and photos by Airman 1st Class Luis Loza Gutierrez.)



Darrell Diaz, NFC cornerback, eludes AFC lineman Bo "Big Bo" Westbrooks as he runs back an interception for a touchdown during the second half of the GFL Pro Bowl.

AFC Pro Bowlers

Front (from row left to right): Jesse Staton, Carlie Rehburg, Erin Thompson, Nick Kolesnikov, Nashon Johnson and Josh Cavaness. Back row (from left to right): William McClenny, Matt Hines, Bo Westbrooks, Isaac Adimora, Dray Riley, William Rudart, Scott Daubert, Kyle Newman and Ryan Knight. Not shown were Omar Moore, Mike Campbell, Davon Perry and J.R. Borchart.



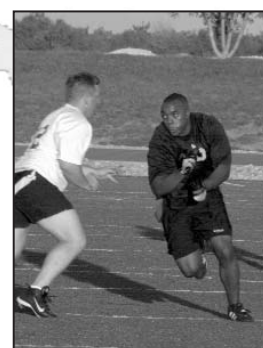
NFC Pro Bowlers

Front row (left to right): Darrell Diaz, Johnathan Inman, Chris Mercado, Vance Summers, Luis Escobar and Brandon Jones. Back row (from left to right): Chris Crispen, Matt Moses, Brian Samuel, Grady Parr, Jose Torres-Atrocho, Jim Hoffman, Darrell Marshall and Jason St. John. Not shown were Chris Beasley, Rogelio Ponce, Mike Givan, Tony Ware, Justin Rhodes, Matt Hare, Charles O'Connor, Miquel Chacon, Chris Waltrip and Mike Cox.



NFC linebacker, Jason St. John, sprints for a touchdown after intercepting a pass by AFC quarterback, Charlie Rehburg during the game. St. John was named the game's most valuable player.

GFL ACTION!



NFC defensive lineman Brian Samuel rushes around an opposing AFC player as he attempts to get a sack in the game.

16th Annual Armydillo Run



September 30, 2006
10K Run/ 2 Mile Run
Race Starts: 8 a.m.

◆Pre-Register Online at www.active.com until Monday
◆Fees:

10K/ 2-mile \$12

2-mile-team \$90

Add \$3.00 per runner after Monday for late registration

◆Late registration & race package pickup 6 - 7:30 a.m. on race day

◆All entrants receive an ARMYDILLO T-shirt

◆Post race refreshments provided.

Starts at the SAN ANGELO NATURE CENTER in the Mary E. Lee Park, 7409 Knickerbocker Road, across from Goodfellow AFB Recreation Camp.

For more information e-mail Barbara Monge at Barbara.monge@goodfellow.af.mil

Pedaling for Service Pride

By SENIOR AIRMAN KELMER RAPISORA

17TH SERVICES DIVISION



Photo by Airman 1st Class Kamaile Chan
Senior Airman Rapisora, far right, encourages a competitor.

Four upright cycles were in the front lobby at the Mathis Fitness Center Sept. 16. Waiting to ride the cycles for the first 10 minutes of the race was Petty Officer 1 Ivan Toney, representing the Navy, Steve Jacobs for the Army, 2nd Lt. Kelly Dalton for the Air Force and "Bockelmans Marines" for the Marines.

At the start of the Inter-service Bike-A-Thon, all the competitors had the perception of a leisure moment--not so. The starting pace was 70 RPM (revolutions per minute).

After a couple of minutes, each branch became curious of how much distance the others had. Seconds later, the average RPM became 100, then it rose to 110, 115, 120, then 130.

The Army at one point reached 198 RPM. The Marines were in the lead, followed close behind by all the branches, faster and faster, each trying to gain ground. Throughout the next three grueling hours, it became a race.

The Marines, never losing momentum, won--sprinting for 73.45 miles. The Army took second place with 69.57 miles and Air Force took third with 64.7 miles. The Navy, with only one competitor, peddled for 20 miles taking fourth place.